Before You Submit

Think of the TOC/Abstract graphic as a single PowerPoint slide that tells the story of your article.

- Ask someone who hasn't read the manuscript if they understand what the paper is about based on the TOC graphic. Is critical content missing? Can extraneous material be removed?
- Print out the graphic. Is the text readable? Do the graphics and lines look crisp and easy to see?

Examples of Good and Poor TOC/Abstract Graphics

Authors are encouraged to examine a current issue of the journal for appropriate examples of TOC/abstract graphics. Some examples of good and poor TOC/abstract graphics are provided below.

Japan Oil Chemists' Society Publications

Guidelines for Table of Contents/Abstract Graphics

Updated May 1, 2024

A graphic must be included with each manuscript for display in the table of contents (TOC) and the abstract. This graphic should capture the reader's attention and, in conjunction with the manuscript title, should give the reader a quick visual impression of the essence of the manuscript without providing specific results.

Choosing/Creating a TOC/Abstract Graphic

- The graphic should be simple, but informative.
- The use of color is encouraged.
- The graphic should uphold the standards of a scholarly, professional publication.
- The graphic must be entirely original, unpublished artwork created by one of the coauthors.
- The graphic should not include a photograph, drawing, or caricature of any person, living or deceased.
- Do not include postage stamps or currency from any country, or trademarked items (company logos,

images, and products).

• Avoid choosing a graphic that already appears within the text of the manuscript.

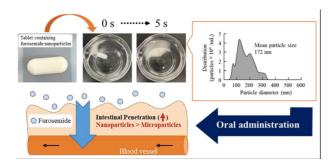
Specifications

- The graphic should be in the form of a structure, graph, drawing, photograph, or scheme—or a combination.
- Text should usually be limited to the labeling of compounds, reaction arrows, and diagrams. Long phrases or sentences should be avoided.
- Submit the graphic at the actual size to be used for the TOC so that it will fit in an area no larger than approx. 8.25 cm by 4.45 cm.
- Use a sans serif font type such as Helvetica, preferably at 8 pt. but no smaller than 6 pt. Do not

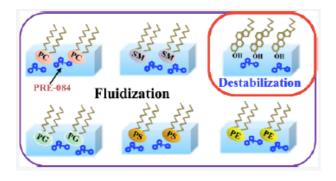
the reader strain to read it. The type should be of high quality in order to reproduce well.

- The graphic file should be saved as either:
 - TIF at 300 dpi for color and at 1200 dpi for black and white.
 - EPS in RGB document color mode with all fonts converted to outlines or embedded in the file.
- Label the graphic "For Table of Contents Only" and provide it on the last page of the submitted manuscript. It can also be uploaded with the manuscript as "Graphics for manuscript" in addition to being included in the manuscript file.

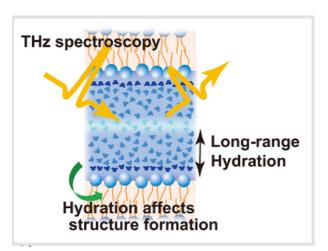
GOOD GRAPHICS



This graphic has a good balance of images and description. All of the type is crisp and easy to read.

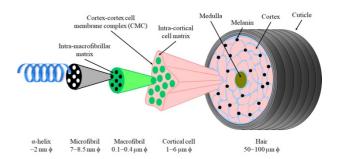


This graphic is simple and appealing

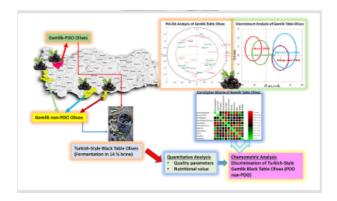


Appealing use of color and graphs. Even the smallest type is good quality and readable.

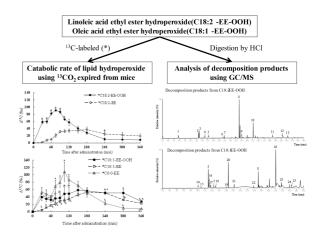
POOR GRAPHICS



Graphic is very cluttered and most of the fonts are too small or faint to be readable.



The font is too small, the image says nothing about the article, and the type on the image is unreadable.



Graphic is uninteresting and not informative.